

ALLEN COLLEGE OF HOMOEOPATHY



6 EXTRAORDINARY SHORT CASE STORIES- Part- 2



By

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- 1) **A case of Diarrhoea:** This is a case of a young autistic girl, aged 8 suffering from chronic diarrhoea for 3 months. This made her extremely weak as she lost half stone of weight (about 3 kgs.). She is an irritable girl specially during early morning, on waky. She also suffers from frequent attacks of tonsillitis which are generally precipitated in damp weather. This short story led me to think of a master blaster polychrest in our Homoeopathy and girl was better within 6 weeks and starting gaining weight. I prescribed Tuberculinum, 200 and the patient was totally better within 6 weeks.
- 2) **A case of Paralytic Weakness:** This is a story from my India consulting room, of a young man in her early 30's suffering from sudden loss of power of arms and legs; almost partial paresis, leading to paralytic weakness of extremities for last 8 months. On thoroughly scrutinising about the past history and N.B.W.S. the only hint I got was about getting thoroughly drenched and soaked about 5 weeks before the problem started (about 9 months back). He had been treated by one of the leading Homoeopath of the city, who has given Rhus Tox, 200C followed by 1M and thereafter 10M in a span of 6 months which made about 25% change and then for last 2 months he was absolutely standstill. As he was panicking; the Homoeopath referred him to me. On going through his case, I found loud honking of the horns of the Calcutta's cars are extremely annoying for him and makes him irritable. His bowels are not clear and may have 4 – 5 small unsatisfactory evacuations. When I wrote the prescription and given to him, he gave me a bizzare look; as if did I came to you for such a ordinary prescription? Guess what the prescription was? I prescribed Nux Vomica, 1M followed by 10M and the patient was totally better within 10 weeks.
- 3) **A case of Urinary Incontinence:** This is a story of a young woman in her mid 20's who have few annoying problems for which she consulted me. (a) she has sudden call to urinate; must hurry otherwise might have an accident; (b) extremely strong smelling, like that of garlicky odour in her sweat specially from her armpits. (c) she also has extreme difficulty in combing because of the stiffness of her hairs. These are making her annoyed and depressed and loosing the interest in life. During head to foot discussion, she mentioned that she loves fizzy drinks and she drinks a lot (non-alcoholic fizzy drinks) but eats little. This lead me to prescribe one of our greatest polychrest of our Materia Medica and the patient was better within 6 months. Glory goes to Hahnemann and his beautiful Homoeopathy. I prescribed Sulphur, 200 and the patient was totally better within 6 months.
- 4) **A case of Anorexia:** This is a case of a middle aged woman whose main problem was complete loss of appetite on the days she goes to the gym. Also she gets headache after the workout. This was more or less a one sided case with no more major symptoms. The only other thing she mentioned about a peculiar tickling cough that some times she gets only during and/or after eating. She is a chilly person and catches cold easily and her weakest organ is nose with a manifestation of recurrent sneezing. Interestingly, she enjoys sneezing and her headache get slightly better. This gave me ample clue to prescribe the medicine which relief the patient of her symptoms within 6 weeks. I prescribed Calcarea Carb, 1M and the patient was totally better within 6 weeks.

- 5) **A case of Chronic Fatigue Syndrome:** This is a story of a man in his late 50's who suffers from Chronic Fatigue Syndrome, with debility most marked in the morning. He also has gas and distention specially from cabbage, beans, etc. The other complaint he mentioned about the frontal headache which is better in fresh open air. This was a quick prescribing session in the slum clinic in India and the prescribed polychrest did the job within 2 months. I prescribed Lycopodium, 200 and the patient was totally better within 2 months.
- 6) **A case of Fearlessness:** This is a case of a young girl aged about 12 years with absolute lack of fear which was illucidated by her Mom through different examples, e.g., climbing trees; chasing fox, etc. She just started her menstruation for last 6 months and every time she develop a husky voice during her period. She occasionally suffers difficulty in breathing in damp weather. Generally during difficulty of breathing she takes inhaler and do not like to go to school because of profound perspiration. The Homoeopathic medicine not only has modified her personality but also took care of her breathing problem. That's the wonderful totality approach in Homoeopathy. I prescribed Gelsemium, 200 followed by 1M and the patient was totally better within 9 months.

Prescriptions given to above cases:

Case No. 1: Tuberculinum;

Case No. 2: Nux Vomica;

Case No. 3: Sulphur;

Case No. 4: Calcarea Carb;

Case No. 5: Lycopodium;

Case No. 6: Gelsemium;