

REMARKABLE CASES TO REMEMBER (see the article below)

SUMMER SCHOOL 2013 WILL BE DEDICATED TO CLINICAL CASES WITH THE FOLLOWING HIGHLIGHTS

- Main focus: to demonstrate how “Simple Homoeopathy” works.
- Emphasis on Generals (Physical and/or Emotional) leads you to the correct prescription.
- Complete symptoms with modalities + Generals + Aetiology with the surface Miasm = Simple, straight forward, non confusing classical approach (can't go wrong) – a Practical demonstration in this Summer School.
- Patient's story what to emphasize and what is less important.
- Emphasis on §153, Striking (prominent) and Singular (which is complete in itself) = Individualisation.
- To develop confidence of the Homoeopath and the Patient showing by first or second follow-up, patient starts to feel better through (a) gradual weaning off the pharmaceutical chemicals and (b) organopathic support.
- To practice in accordance with "Modern Classical Prescribing" an article by Dr. Banerjea in our website (details at: <http://www.homoeopathy-course.com/index.php/about-us/our-prescribing>).

Book your place:

Details of the 1 week Summer School: 22nd to 29th June'13 at:

<http://www.homoeopathy-course.com/index.php/training-courses/england-homoeopathy-training/7-day-summer-school>

Can join in the classroom or via interactive Video-link (transmitted live & also stored in the site for 3 weeks for innumerable viewings).

REMARKABLE CASES TO REMEMBER

By

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- 1) **A Case Of Allergic Asthma** - This is a case from my uncle's practice, who was treating a rich industrialist suffering from asthma precipitated by a

dust allergy. My uncle was treating him for eight months without appreciable change. Finally he decided to bring his Guru, Tarak Palit, a physician, who had never been to any medical institution but had a prolific control over his Materia Medica! At that time Tarak Palit was old and did not see many patients any more, but on my uncle's insistence, he went to see this industrialist at home. They arrived at a marble house where the patient was on the fourth floor and Tarak Palit climbed up to the 1st floor and sat on the staircase, refusing to go any further! This did not look good in such house, that the 'super-consultant' was sitting on the stair case with his dhoti (a traditional Indian wrap), instead of trousers and ragged shirt! He said, "I am not going to climb up to the top floor, where the patient is?" He read the case notes sitting in the stair case and said, "bring your patient down here and I will make him fit to climb upstairs within a week." He was so confident, that even in such circumstances, my uncle requested the patient to come down and Palit prescribed *Pothos Foetidus* (*Ictodes Foetida*) on the basis of asthma excited by dust, even if someone dusted the blanket in the next room, he was affected. Asthma is better by sitting in the toilet and even passing flatus, which he interpreted as better by passing stool. *Pothos 30* made the patient fit within seven days. This is the confidence of a great master and Homoeopathy can work so well when there is such a clinical acumen!

The prescription was made on singular symptoms (symptoms which are complete in itself) which individualised the patient! "Simple Classical Homoeopathy"; qualities of the patient should match with the qualities of the medicine!

- 2) **A Case Of Amyotrophic Lateral Sclerosis (ALS)-** A Professor of Economics visited my Harley Street clinic in Central London suffering from ALS. He was in a wheel chair with emaciation and spasms of muscles especially of the lower extremities. I went through the case taking as detailed by the patient. After reading 75% of the case, I was coming to the conclusion that it was a *Lycopodium* case. At that stage, there was a question in my case taking form/book, "What is saddest incident in your life?" He wrote in the form, "when Jasper died". Obviously I asked, "Who is Jasper?" As soon as I asked this question, he started crying loudly, which I was not expecting from a Professor in his late fifties. So I said that I am sorry to raise this question but I have to be clear. He said "Jasper is our German Shepherd dog and about four years ago he was ill. My daughter is a vet and she took the dog away from us and looked after him and made him better and brought him back to us few days before Christmas. She told us, "Mum and Dad, Jasper has a clean bill of health, look after him". On Christmas eve, I was going through the examination papers of the University and at that time my wife told me she was going for some last minute shopping for Christmas lunch, she informed me that Jasper was in the garden and would I take him for a walk. After an hour or so, I suddenly remembered what my wife said and absent mindedly opened the garage door. Jasper came from the garden through to the garage and as

soon as I opened the door, he saw a fox in the drive way and chased it. Unfortunately, he ran to the main road and ran over by a truck and was killed instantly.'

I clarified that the weakness of the lower extremity was the first symptom and started six months after the above incident. Rather than me interpreting his reaction to the situation incorrectly, I clarified his response in the following way. I offered him eight different possible responses or aetiologies that how he felt about the incident:

- a) Anger, suppressed
- b) Grief
- c) Bad News, tragedies
- d) Mortification, reserved displeasure
- e) Guilt
- f) Duty not done
- g) Terrors of conscience
- h) Anger and indignation;
- i) Anger and disappointment;
- j) Love and disappointment;

He said that he felt it was a duty not done, guilt (his wife only asked him to take for a short walk), a bite of conscience, as his daughter said, "Jasper has a clean bill of health; look after him". I prescribed on duty not done, guilt, bite of conscience and gave Cyclamen 30 followed by 200 and the case has improved about 25% to 30% as you know in a Motor Neurone Disease like ALS the prognosis is restricted. The patient is still with me and I am maintaining a standstill status which the patient believes a great achievement!

Prescription based on aetiology, which can remove the block and initiate the movement in the case.

- 3) **Asthma** - Asthma of six years duration in a middle aged man who lives in Scotland, used to consult me over the telephone and video conference. His asthmatic manifestation was better by leaning his head backwards and accordingly a homoeopath from Glasgow prescribed Hepar Sulph but there was no appreciable change. One day he was doing a video consultation with me, sitting in his conservatory, a room with large glass windows, and I could see it was very foggy outside as a window was little open and the patient was really suffocating. I asked about the weather and he confirmed that in foggy weather, his asthma gets worse. I prescribed Hypericum 200, which covers asthma, aggravation foggy weather, cold and damp, better leaning the head backwards.

*Modalities can **complete** the symptoms and individualises the patient.*

- 4) **Asthma** - This was another very interesting case of a young man in his mid thirties suffering from asthma. Initially I prescribed Bacilinum for the apparent totality without any appreciable change. In one of the follow up visits, I noted that he was waiting on my patio and smoking. I observed

through my window that he was not suffocating. When his turn came, he entered my consulting room with severe bouts of suffocation, which surprised me. I asked him that while he was on the patio and smoking, there was no suffocation. He confirmed, during smoking he never suffers from any suffocation which immediately prompted me to prescribe Tarentula Hispania in 30C potency as Clarke mentions asthma better from smoking.

A striking symptom which is characterised by modality can individualise the patient.

- 5) **Cough** - I saw this very interesting case, just after I graduated, when I was alongside my uncle, late Dr. N. K. Banerjee. A person was coughing loudly in the waiting room. It was one of the loudest coughs you can imagine. As there was a long queue of patients in the waiting room in Calcutta and the patient had to wait and during this time, the patient coughed persistently. Suddenly my uncle asked me to visit in the waiting room and check whether that patient experience any other symptoms during the cough? The patient replied, yes, every time he coughs, he has some pain in his thighs. I came back to my uncle and reported the symptom. My uncle told me to give the patient Capsicum 200, even without seeing the case. To be honest, I was not very happy that this patient has travelled 200 miles to see my uncle, and he was prescribing in this way. With mild protest, I dispensed the medicine. The patient came back after a month, and reported 90% improved. He prescribed Capsicum on the basis of explosive cough, during which there was pain in the distant parts.

This is true classical homoeopathy. You do not always need to spend a long time with your patient but the qualities of the symptom should match with the qualities of the medicine; this is the beauty of fast prescription based on knowledge of Materia Medica!

- 6) **Depression** - Through our patients we learn of other cultures and this story of an eleven years old Slovakian girl shows us how a slight change of location had such a devastating effect. She had introverted depression and stopped going to school. The family is Slovakian, although now they live in Prague, Czech Republic. At home, they speak Slovakian and the girl used to go to a school with predominantly Slovakian children. For the last six months, she has changed to a different school in Prague where the language is predominantly Czech. At the new school the teacher asked some questions, and my patient, the little girl, replied immediately, but unfortunately and accidentally in Slovakian. The teacher was extremely rude and told her off in front of the class for speaking Slovakian. Since then, this bright and intelligent girl, totally withdrew and stopped going to school with introverted depression. Another Homoeopath prescribed her Natrum Mur on the basis of grief, mortification, ridicule and humiliation. When I took the case, I asked the girl her reaction and feelings to that unfortunate situation (I try not to interpret but let the patient say their feelings and reaction to the situation). Even after spending reasonable

amount of time, she kept quiet and could not say. At that stage, in order to assist her, I put seven different possible reactions.

The choices I offered the girl, which helped her define how she felt are listed below, with the relevant medicine choices.

- a) From being abused;
- b) After Anger;
- c) Embarrassment & humiliation;
- d) Humiliation;
- e) Injustice;
- f) Rudness of others;
- g) Wounded pride.

She said that she felt it was an injustice and as a consequence, she is angry for being told off for speaking her mother language by accident. She also felt her teacher was extremely rude. So I prescribed Staphysagria considering the aetiology from injustice, rudeness of others, with anger after.

- 7) **Fibromyalgia** - I have successfully prescribed Actea Racemosa many times for I. T. people, who spend long time in typing, using the mouse and entering data and thereafter suffer from excruciating pain in the deltoid muscles with soreness and heaviness, almost incapacitating the person for work the next day. Cimicifuga covers muscular soreness, heaviness and pain as a consequence of typewriting, piano playing, and sewing (Ref. Allen's Key Notes). As the prescription is based on the aetiology, so, I prescribed 30 followed by 200.
- 8) **Fibromyalgia** - This was a remarkable case of a young woman in her early twenties working as shop assistant in duty free perfume shop in a London Airport. Her job requires her to stand on her feet during the entire period and show customers different perfumes in one of the world's busiest airport. She developed fibromyalgia, sore and tender feet from standing a long time. She had been to other homoeopaths who have tried Rhus Tox, Causticum and Arnica. without any appreciable change. I prescribed Squilla 30 which has exactly this symptom mentioned in the Boericke's Materia Medica. The patient got better within three months. *Once again, it would have been impossible to identify the medicine from the Repertory; the knowledge of Materia Medica is important to understand the qualities and essence of the medicine. Materia Medica is the language and Repertory is the dictionary; we have to know the language first!*
- 9) **Tremor** - This case has stayed in my memory for twenty five years. There was a coal mine disaster in Chasnala, Bihar (India) and the patient was a miner and trapped under the coal mine over seventy two hours. While being trapped, he gradually lost all hope of being rescued. His battery lamp gradually dimmed and he was in complete panic. Finally he was rescued.

Six months after the accident, the man in his forties suffered from undefined tremor and had consulted various neurologists, who negated Parkinson's Disease but could not diagnose the condition. Meanwhile the tremor of arms and legs were increasing gradually. The tremor started in both arms then progressed to the legs and the patient could not walk with his eyes closed and was trembling continually with profound weakness. I tried Zincum on the presenting features but this did not make any difference. I decided to go back to the aetiology and here I took the cause as being trapped in the coal mine for seventy two hours and losing all hope of rescue. I inferred this as "long continued mental exertion" and prescribed Argentum Nitricum 200 followed by 1M. Argentum Nitricum gradually restored the patient completely.

- 10) Uterine Haemorrhage** – A woman in her mid thirties was trying to conceive for eight years and was not interested in IVF, so tried various therapies to no avail. I was treating her for about nine months but not having any success and she was by now, desperate, so decided to participate in a Hindu ritual which consists of making a pilgrimage, while carrying two brass pots of "Holy Ganges" water, balanced on a long bamboo stick across the shoulder, from the bank of Calcutta's Ganges to Tarakeswar which is about fifty miles from the city of Calcutta. The aim is to pour the carried water onto Lord Shiva in the Tarakeswar Temple for blessings. She was not used to such strenuous activity as her travelling usually consisted of a chauffeur driven car! Unfortunately she started to bleed after the prayer was offered. An ambulance rushed her back to Calcutta as the bleeding was very profuse and she was admitted to one of the newest private hospitals in the city. Two eminent gynecologists could not stop the haemorrhage and after three days struggling, suggested a pan-hysterectomy to stem the bleeding. After these three days the woman was ailing and there was fear for her life. At this juncture I was called, the haemorrhage was profuse, and she was receiving blood transfusion. I went to the hospital straight after my evening clinic and listened to the story from her husband and understood that she walked these 40 miles with a rhythmic bouncing gait to the chant of Om Shiva, in a crowd. I prescribed Hamamelis Ver 30 followed by 200 on the basis of her jolting motion. In Materia Medica (Ref. Allen's Key Notes), text says 'Uterine haemorrhage from riding or jolting over rough roads.' I interpreted that she walked 40 miles in a rhythmic bouncing motion; which might have resulted the friction --> soreness of the pelvic organs --> haemorrhage. The haemorrhage had stopped by the morning and thankfully the gynaecologists had no surgery to perform!

Do not get confused by different methodologies.

Believe in 200+years time tested, scientific, easily comprehensible & non-confusing approach of combining miasms, totality & essence with sound knowledge in Materia Medica; that what we offer:

100 such short Case stories and 80 well documented cases in Subrata's latest book, "Authentic Cures":

http://www.bjain.com/Publishing/genral/books/Book_Details.aspx?h=4&ID=2692&AI D=29&Catname=Homeopathy&CatID=10

<http://www.homoeopathy-course.com/index.php/homoeopathy-resources-media/homoeopathy-books/dr-banerjea-authored-books>

View Video cases of Subrata at:

<http://www.homoeopathy-course.com/index.php/video-library>

To see fast prescribing and observe how "Simple Homoeopathy" works:

Video of 10 Good Reasons to go to Calcutta at:

<http://www.homoeopathy-course.com/index.php/video-library>

What we teach we demonstrate in our "Allen Teaching Clinic" in England:

<http://www.homoeopathy-course.com/index.php/homoeopathy-events-list/130-allen-clinic-teaching-dates-for-2012-13>

Look & Diagnose the medicine (Behavioural Materia Medica), what Subrata teaches:

<http://www.homoeopathy-course.com/index.php/homoeopathy-resources-media/materia-medica-lectures>