ALLEN COLLEGE ()F HOMOEOPATHY

CLINICAL TIPS OF **GASTRO INTESTINAL DISORDERS**

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CLINICAL TIPS OF GASTRO INTESTINAL DISORDERS

1) ABDOMINAL:

ACONITUM NAPELLUS:- Abdominal symptoms better after warm soup. Potency:-Sixth potency for sensory affections; first to third for congestive conditions. Must be repeated frequently in acute diseases. Acon. Is a rapid worker. In Neuralgias tincture of the root often preferable, one drop doses (poisonous), or pain, the 30th potency accordingly to susceptibility of patient.

2) ACIDITY:

ACID SULPH: Aetiology: Alcohol +++ (long continued indulgence to wine / spirits +++). Character: Sour eructations → sets teeth on edge. Aversion: smell of coffee; desire: fresh food. Modalities: (a) Aggravation:- < Touch. (b) Amelioration:- > Rest. Potency:-200C.

ATROPIN: Hyperacidity; pyrosis. 3x Trituration 1/4th tsf (tea-spoon) in half cup of luke warm water X 8 hourly X S.O.S.

CINCHONA OFFICINALIS: Aetiology: Ill effects of tea +++. Fruits. Character: Bitter taste +++. Hungry (+++) without appetite: eats \rightarrow remains undigested \rightarrow after a meal = Fullness of stomach. Modalities: (a) Aggravation:- < Fruits. (b) Amelioration:- Bloatedness > by movement. Potency:- Q. (5 drops \rightarrow in ½ cup of luke warm water \rightarrow 6-8 hourly \rightarrow SOS x as & when necessary \rightarrow stop soon improvement ensues), 30C.

CORNUS FLORIDA: Aetiology: Abuse of quinine. Malaria: N.B.W.S. Character: Distressing acidic heartburn. Old cases of dyspepsia \rightarrow Acid regurgitation (+++). Desire: Sour++. Potency:- Q. (5 drops \rightarrow in ½ cup of luke warm water \rightarrow 6-8 hourly \rightarrow SOS \rightarrow as & when necessary \rightarrow stop soon improvement ensues), 30C.

LACTIC ACID: Aetiology: Acidity with morning sickness diabetes. Character: Copious salivation (+++). Water-brush (++). Hunger (+++) \rightarrow salivation (+++) \rightarrow constant nausea (+++) \rightarrow >> by eating. Plug sensation in throat. Burning: Mouth \rightarrow to \rightarrow stomach. Modalities: (a) Aggravation:- < Smoking, Coffee. (b) Amelioration:- > by eating. Potency:- 30C.

NATRUM PHOS.: Aetiology: Fat foods +++. Acidity in children fed with excess of milk and sugar. Character: Lump in throat sour vomiting. Desire: Strong tasting foods, eggs. Aversion: Bread & butter. Colic with acidity. Modalities: (a) Aggravation:- << Fat food. (b) Amelioration:- > from beer. Potency:- 6x tablets (Bio-chemic tissue salts: 3-4 tablets – in $\frac{1}{4}$ cup of luke warm water \rightarrow 6-8 hourly \rightarrow SOS \rightarrow as & when necessary \rightarrow stop soon improvement ensues), 30C.

OREXINE TANNATE: Hyperacidity; deficient and slow digestion. Q: 10 drops → Twice daily → S.O.S.

ROBINIA: Aetiology: From fat & flatulent foods e.g., Cabbage, turnip, raw fruit etc. Character: Associated with frontal headache (+++). Acrid (+++) eructations. Sour (+++) eructation \rightarrow vomiting of sour (+++) fluid. Distension (+++) of stomach flatulent colic. Modalities: (a) Aggravation:- < Fat, gravies, flatulent food, < cabbage, raw fruit, ice cream. (b) Amelioration:- > by passing flatus. Potency:- Q. (5 drops \rightarrow in ½ cup of luke warm water \rightarrow 6-8 hourly \rightarrow SOS \rightarrow as & when necessary \rightarrow stop soon improvement ensues), 6C.

3) ACIDITY - HYPERCHLOROHYDRIA:

ACONITUM NAPELLUS:- Complaints from very hot weather, especially gastro-intestinal disturbances. Potency:- Sixth potency for sensory affections; first to third for congestive conditions. Must be repeated frequently in acute diseases. Acon. Is a rapid worker. In Neuralgias tincture of the root often preferable, one drop doses (poisonous), or pain, the 30th potency accordingly to susceptibility of patient.

CALCAREA CARBONICA:- Hyperchlorhydria [Phos.]. Potency:- Sixth trit. Thirtieth and higher potencies. Should not be repeated too frequently in elderly people.

CHININUM ARSENICOSUM: Hyperchlorhydria. [Robinia; Arg. Nit.; Orexine tannate]. Thirst for water, yet it disturbs. Anorexia. Eggs produce diarrhoea. Potency:- Second and third trituration.

OREXINE TANNATE:- Hyperchlorhydria; deficient acid and slow digestion; 14 hourly doses. Potency:- Third potency. Must be continued a long time.

ZINGIBER:- Complaints from eating melons and drinking impure water. Acidity.

4) ANAL AFFECTIONS:

CALCAREA ACETICA: Severe itching of anus (specific as Hahnemann calls it) 3xTrit., 30C.

URTICA URENS: Anus itching, raw burning in anus during and after stool. Ascarides with great rectal irritation. < touch. (Q).

5) ANAL FISSURES:

SEDUM ACRE:- Haemorrhoidal pains, like those of anal fissures; constricting pains, worse few hours after stool. Fissures. Potency:- Tincture to sixth potency.

6) <u>ANUS</u>:

COLLINSONIA CANADENSIS:- Itching of anus. [Teucrium; Ratanh]. Potency:-Tincture, to third attenuation. Higher potencies where there is organic heart affection. **GLECHOMA HEDERACEA:-** Ground Ivy – (Haemorrhoids with rectal irritation and bleeding. Diarrhoea. Anus feels raw and sore. Potency:- First potency.

GRAPHITES:- Fissures of anus. [Ratanhia; Paeonia]. Potency:- Sixth to thirtieth potency. Locally as a cerate, in sore nipples.

7) <u>APHTHA</u>:

LACHESIS:- Aphthous and denuded spots with burning and rawness. Potency:- Eighth to 200th potency. Doses ouight not be repeated too frequently. If well indicated, a single dose should be allowed to exhaust its action.

8) APPETITE:

CALCAREA CARBONICA: Dislike of fat. Loss of appetite when overworked. Potency: Sixth trit. Thirtieth and higher potencies. Should not be repeated too frequently in elderly people.

GENTIANA LUTEA:- Acts as a tonic, increasing appetite. Potency:- First to third attenuation.

9) COLIC:

ILLICIUM:- Should be remembered in the treatment of flatulent conditions. So-called three-months' colic, especially if it recurs at regular hours; much rumbling in abdomen. Potency:- Third potency.

MICROMERIA:- Used as a tea to cure colic and relieve flatulence. Potency:- Tincture.

MOMORDICA CHARANTIA – HAIRY MORDICA:- Has marked drastic properties, producing colic, nausea, vomiting, cholera-like symptoms, abdomen seems full of fluid discharged explosively, thin, watery, yellow, Great thirst. Potency:- Sixth to thirtieth potency.

ONISCUS ASELLUS:- Distended; meteorism; very severe colic. Potency:- Sixth potency.

10) COLIC: ABDOMINAL:

ATROPINUM: Chronic pancreatitis with multiple pancreatic stone. Great pain and vomiting of all food; after hot drinks, > after vomiting. Stomach very sensitive; swelling in pyloric region. Sleep disturbed by gastric pains. 6x Trit, 30C

DIOSCOREA VILLOSA: Intolerable pain in acute appendicitis. Severe cutting, colicky pains, paroxysmal. Colic > walking around; pains radiate from the abdomen to the back, chest, arms < bending forward, lying. Sharp pains from liver, shoot upward to r. nipple. (Q)

EUPATORIUM PERPUREUM: Vesical irritability in women in case of recurrent E. Coli infection. Severe colic after voiding urine. Pain and soreness of abdomen, much < I. side. (30C)

11) **COLITIS**:

PRUNELLA:- Self heal – (Colitis). Potency:- Tincture to sixth potency. The 200th and 1000th seem to do good work in cholera infantum, when indicated.

12) CONSTIPATION:

ALUMINA:- Slag Silico – Sulphocalcite of Alumina 3x (anal itching, piles, constipation, flatulent distension. Potency:- Sixth to thirtieth and higher. Action slow in developing.

CARLSBAD AQUA: Stool passes when pressure is given either over the perineal muscles or by much abdominal pressure. (30C)

CASCARA SAGA: Chronic constipation with rheumatic troubles.Q

COLLINSONIA CANADENSIS:- Most obstinate constipation, with protruding haemorrhoids. Potency:- Tincture, to third attenuation. Higher potencies where there is organic heart affection.

HYDRASTIS:- Constipation, with sinking feeling in stomach, and dull headache. Potency:- Tincture, to thirtieth attenuation. Locally colorless Hydrastis, mother tincture, or fluid extract.

PARAFFINUM: Obstinate constipation in children (Alumina, Nyctanthes). Chronic constipation with haemorrhoids and continual urging to stool. Evacuations as hard as nuts. Fatigued trying to expel stool. (30C)

PLATINA:- Adheres to rectum, like soft clay. Sticky stool. Constipation of travgelers, who are constantly changing food and water. Stool as if burnt. Potency:- Sixth trituration to thirtieth potency.

RHAMNUS PURSHIANA:- Cascara Sagrada – Palliative in constipation, as an intestinal tonic and dyspepsia dependent thereon 10-15 drops of tincture. Potency:- Tincture in 15-drop doses every four hours.

STAPHYSAGRIA:- Consatipation (2 drops tincture night and morning), haemorrhoids, with enlarged prostrate. Potency:- Third to thirtieth potency.

STAPHYSAGRIA: Obstinate constipation. Frequent want to evacuate, with scanty evacuations. (Q- 2 to ? drops twice daily) can cure constipation (R.R.B. 286).

SILICEA MARINA: Constipation use for sometime. The peculiarity of this remedy, is the ease with which evacuation is accomplished. (3x trit)

VESPA CRABRO: Constipation during menstrual time. Mental depression(30C)

13) CRAVINGS:

ALUMINA:- Abnormal cravings – chalk, charcoal, dry foss, tea-grounds). Potency:- Sixth to thirtieth and higher. Action slow in developing.

14) DIARRHOEA:

ACONITUM LYCOTONUM:- Diarrhoea after eating pork. Potency:- Sixth potency for sensory affections; first to third for congestive conditions. Must be repeated frequently in acute diseases. Acon. Is a rapid worker. In Neuralgias tincture of the root often preferable, one drop doses (poisonous), or pain, the 30th potency accordingly to susceptibility of patient.

ANTIMONIUM CRUDUM: Dairrhoea after baths. Potency: Third to sixth potency.

APIS MELLIFICA:- Cannot urinate without a stool. Dark, fetid, worse after eating. Potency:- Tincture to thirtieth potency. In oedematous conditions the lower potencies. Sometimes action is slow; so several days elapse before it is seen to act, and then urine is increased. Apium virus, sixth trituration.

BORAX:- Loose, pappy, offensive stools in children. Potency:- First to third trituration. In skin diseases continue its use for several weeks. Locally in pruritus pudenda. A piece of borax, the size of a pea, dissolved in the mokuthy, acts magically in restoring the voice, in cases of sudden hoarseness brought on by cold, and frequently for an hour or so, it renders the voice silvery and clear.

CENOTHERA:- Evening Primrose – exhausting, watery diarrhea; cholera infantum; hydrocephaloid. Potency:- Third potency.

CHAPARRA AMARGOSA:- Which Mexican physicians laud as a specific in chronic diarrhea. Potency:- Second attenuation.

EPILOBIUM:- Willow herb – Chronic diarrhea with tenesmus ans mucous discharges; ptyalism, dysphagia; wasting of body and much debility; cholera infantum. Potency:- Second to thirtieth potency.

EPILOBIUM:- Intractable diarrhea of typhoid. Potency:- Third to thirtieth potency. The very highest potencies often yield brilliant results.

HENCHERA:- Alum root – Gastro-enteritis nausea, vomiting of bile and frothy mucous; diarrhea watery, profuse, slimy, tenesmus, never get done feeling. Dose, 2 to 10 drops of tincture. Potency:- Second to thirtieth potency.

IGNATIA:- Diarrhoea from fright. Potency:- Sixth, to 200th potency.

LITHIUM CARBONICUM: Diarrhoea after eating chocolates . Offensive stools. 30c.

MERCURIUS SULPHURICUS:- Diarrhoea early in the morning; stool bursts out in a hot stream of yellow matter. Intense evacuations, like rice-water.

MOMORDICA CHARANTIA:- Indian variety – more severe symptoms – intestines full of yellow watery fluid, discharged explosively – cramps, thirst, prostration. Choleraic symptoms. Similar to Croton, Elaterium, Use 3x. Potency:- Tincture. Used also externally as a liniment and poultice for burns, chapped hands, etc.

OENOTHERA BIENNIS:- Evening primrose – Effortless diarrhea with nervous exhaustion. Incipient hydrocephaloid. Whooping-cough and spasmodic asthma. Potency:- First potency.

PULSATILLA: Two or three normal stools daily. Potency: Third to thirtieth attenuation.

RHUS GLABRA:- It is claimed that this rermedy will so disinfect the bowels that the flatus and stools will be free from odor. It acts well in putrescent conditions with tendency to ulceration. Potency:- Tincture. Usually locally to soft, spongy gums, aphthae, pharyngitis, etc. Internally, first potency.

15) DYSENTERY:

ARNICA MONTANA: Severe attack of dysentery is controlled by standard medicines but still they persist, not in a big way, but one or two every day.(30C)

BOLETUS SATANUS:- Dysentery, vomiting, great debility, cold extremities, spasm of extremities and face. Potency:- First attenuation.

CALOTROPIS GIGANTEA: It is useful in acute dysentery. (Q)

CARBOLICUM ACIDUM: Stool, putrid smell with blood dysentery. Like scrapings of mucous membranes, great tenesmus, very offensive. Profound prostration. (30C)

CHAPARRO AMARGOSO: When action of Merc. Cor. has come to a stand still and there are 3 or 4 bloody motions daily with more or less pain. Acts as a tonic and antiperiodic. (30C)

COLCHICUM AUTUMNALE: Autumnal dysentery. Violent colic & tenesmus in abdomen like Merc. relief after passing of stool; distension and blood with mucus. < damp weather. Great prostration. (30C)

COLOCYNTHIS:- Dysenteric stool renewed each time by the least food or drink. Jelly-like stools. Musty odor. Distention. Potency:- Sixth to thirtieth potency.

CUPHEA VISCOSISSIMA: Acute dysentery or diarrhoea with high fever. Tenesmus with severe pain. Restlessness. (Q, 10 drops)

EMETINE:- Emetine – principal alkaloid of Ipecac. A powerful amebicide, but is not a bactericide. Specific for amaebiasis; of remarkable value in treatment of amaebic dysentery; also as a remedy in pyorrhoea. Potency:- Third to 200th potency.

EMETINUM: Specific for amoebiasis of remarkable value in treatment of amoebic dysentery. 6x Trit.

FERRUM PHOSPHORICUM: First stage of dysentery, with much blood in discharge. Potency: Third to twelfth potency.

KALIUM NITRICUM: Sticky mucus with stool, frequent urging tenesmus, great thirst with cold extremities. Diarrhoea from eating veal.(30C)

MONSONIA:- An African plant belonging to the Geraniaceae – Used for dysentery in material doses. Potency:- Sixth potency. In solution 1:1000, hypodermically injected under conjunctiva in choroditis with progressive myopia. Stops immediately the severe aching pain behind eye-balls. (Dr. G. D. Hallet).

STAPHYLOCOCCINUM: Chronic dysentery.(30C)

SYCOTIC-CO.(BACILLUS SYCOCCUS): Chronic dysentery. Offensive. Urgent desire for stool on waking, excoriating. Chronic gastroenteritis. (30C)

TROMBIDIUM MUSCAE: Has a specific place in the treatment of dysentery, symptoms are < by food and drink. For diarrhoea and dysentry; and ulcerative colitis as per indications. During stool sharp pain on the left side, shooting downward. (30C)

TYPHA LATIFOLIA: Cat tail flag dysentery, diarrhoea and summer complaints.(Q)

VACCINUM MYRTILLUS:- Huckleberries – Dysentery; typhoid, keeps intestines aseptic and prevents absorption and reinfection. Potency:- Tincture, five to thirty thirty drops. In pyelitis a trituration of the leaves.

16) <u>DYSPEPSIA</u>:

ABIES NIGRA: In dyspeptic troubles of the aged with functional heart symptoms. Pain in stomach, always comes on after eating. Sensation of a painful lump, as if a hard boiled egg was lodged in the cardiac end of the stomach. < after eating. (30C)

ALETRIS FARINOSA: Due to general weakness. Disgust for food, nausea. Obstinate indigestion. All gone feeling in morning on rising, > by eating. Nausea is > by coffee. (Q-8-10 drops, 8-12 hourly)

FABIANA INBRICATA: Dyspepsia and to increase the secretion of the bile.(Q)

GRATIOLA OFFICINALIS: Dyspepsia with distention of the stomach. < drinking too much water. Paroxysms of inclination to vomit > by eructations. < during and after eating. Wants to eat only bread. 6C, 30C.

LYCOPOIUM:- Dyspepsia due to farinaceous and fermentable food, cabbage, beans, etc. Potency:- Both the lower and the highest potencies are credited with excellent results. For purposes of aiding elimination the second and third attenuation of the

Tincture, a few drops, 3 times a day, have proved efficacious, otherwise the 6th to 200th potency, and higher, in not too frequent doses.

NABALUS:- Prenanthes Serpentaria – Rattlesnake root – White Lettuce, similar to Lactuca, (chronic diarrhoea, worse after eating, nights and towards morning. Pain in abdomen and rectum; emaciation. Constipation and somnolence; susceptible to aura of others. Dyspepsia, with acid burning eructation. Craving for acide food. Leucorrhoea with throbbing in uterus. Potency:- Tincture.

NATRUM CARBONICUM:- Dyspepsia relieved by soda biscuits. Potency:- Sixth potency.

PETROLEUM: Dyspepsia relieves after taking some food. (30C)

SEPIA:- Tobacco dyspepsia. Potency:- Twelfth, 30th and 200th potency. Should not be used too low or be repeated too frequently. On the other hand Dr. Jousset's unique experience is that it should be continued for some time instrong doses. 1x twice a day.

17) FLATULENCE:

FERRUM MAGNETICUM:- Abundant and frequent emission of fetid flatus. Potency:- Third potency.

MAGNETIS POLUS ARTICUS:- Anxious, coldness of eyes as if a piece of ice lay in orbit, increased flow of saliva, constipation, spoor, trembling, abdominal flatulence. Potency:- Acts in all potencies from the lowest to the highest. Some of the best results are obtained from the higher, and not too frequent doses. The twelfth potency is a good one to begini treatment with, going higher or lower according to the susceptibility of the patient. In chronic diseases, 200th and upwards. In torpid eruptions the lowest potencies.

SULPHUROSUM ACIDUM:- As a spray in tonsillitis. According to Ringer, ten to fiteen minis taken ten minutes before each meal will remedy pyrosis and prevent fermentation and flatulence. It also removes thrush. Homoeopathically, third attenuation.

VALERIANA:- Hysterical flatulency. Potency:- Tincture.

18) FLATULENCE -- ABDOMINAL DISTENTION:

AETHUSA CYNAPIUM: Head symptoms relieved by expelling flatus (sanguine) and by stool. Tense, distention and sensitive. Sensation of coldness in the abdomen. (30C)

ALFALFA: Flatulence with distention. Shifting, flatulent pain along colon several hours after meals. Must eat frequently, cannot wait for regular meals. (Q)

ARISTOLOCHIA SERPENTARIA: Flatulence in stomach and abdomen. Distention and cutting pains. Heaviness > by emission of much flatus. (30C)

ASAFOETIDA: Great distention, with sensation of emptiness and weakness. Expulsion of air upward, never goes through downwards. Flatulence and regurgitation of liquids. Rising up feeling > by external pressure. (6C 30C)

BUTYRICUM ACIDUM: Poor appetite, much gas in stomach and bowel's cramps in pit of stomach, < at night. Stomach feels heavy and overloaded. 30C.

CAJUPUTUM: Flatulence with colic, tympanites, nervous distention of the bowels, urine smells like cat's urine. Symptoms appear and disappear suddenly, disappear suddenly on eating. (30C)

DIOSCOREA VILLOSA: Tea drinkers with much flatulence. Flatulence after meals. (Q 30C)

HAEMATOXYLON: Colic, tympanitis. Borborygmi and diarrhoea. Swollen (distention), painful. General uneasiness, with anxiety arising from the stomach. (30C)

ILLICIUM ANISATUM: Flatulent conditions, so called three months colic, much rumbling in abdomen, pain in region of 3rd rib. (30C)

LACTUCA VIROSA: Sensation of weight and fullness of abdomen, Borbary gum, abundant, emission of wind. Colic in early morning, abdomen tense, relieved some what by evacuation and passing of wind. (Q)

LECITHINUM: Bloated abdomen sore pain in stomach. (12C)

MICROMERIA DOUGLASII: Used as a tea to cure colic and relieve flatulence. Febribfuge, blood purifier and tonic. (Q)

OLEANDER –NERIUM ODORUM: Borborygmus, with profuse fetid flatus. Putrid smell. Oozing of stool during each flatus. (30C)

OLEUM ANIMALE: Accumilation of flatus, with gurgling and rumbling. < after eating. (30C)

ONISCUS ASELLUS: Distended abdomen with very severe colic. (30C)

RAPHANUS SATIVUS: Distended tympanitic, hard. No flatus emitted upward or downwards at all - though defecation occurs. (30C)

RHAMNUS CALIFORNICA: Constipation with passing of some flatus. Tenesmus and dry stool. Faltulent diarrhea. (Q)

SULPHUROSUM ACIDUM: According to ringer 10 -15 minims taken ten minutes before each meal, will remedy pyrosis and prevent fermentation and flatulence.

VALERIANA OFFICINALIS: Hysterical flatulency. Bloated and hard as if about to burst. (Q)

ZINGIBER: Flatulence and pressure in the stomach < from eating bread. Acidity, complaints from eating melons and drinking impure water. Great flatulency; in gouty persons. (30C)

19) GALL STONE:

CALCULOBILI:- Triturate Gall stones – 10-12x (Gall stones). Potency:- Lower triturations. Purified oxgall 1 to 10 gr.

TRIUMFETTA SEMITRILOBA:- Gall stones colic. [Triumfetta semitriloba]. Potency:- Tincture, to thirtieth potency.

20) **GAS PAINS**:

CINCHONA OFFICINALIS:- Post operative gas pains, no relief from passing it. Potency:- Tincture, to thirtieth potency.

RAPHANUS:- Post-operative gas pains. Potency:- Third to thirtieth potency.

21) GASTRALGIA:

MAGNESIA CARBONICA: Dragging pain towards the pelvis. Very heavy, contractive, pinching pains in the right iliac region. Longing for cold water. Eructations sour. (30C).

22) GASTRITIS:

CUPRUM ARSENICOSUM: Gastro-intestinal disturbances of influenza and typhoid. (3x trit)

GRINDELIA ROBUSTA: Gastric pains associated with splenic congestion. Cutting pain in the region of the spleen, extending to the hips. (Q 30C)

IRIS VERSICOLOR: Nausea, vomiting or burning of tongue, throat oesophagas and if diarrhoea is present, burning of the anus. Deficient appetite. (30C)

NARCISSUS POETICUS: Gastro enteritis with much griping and cutting pain in bowels, tainting trembling, cold limbs, small and irregular pulse. 6C, 30C.

23) GASTRIC PAIN - GASTRALGIA:

GAULTHERIA:- Uncontrollable appetite, notwithstanding irritable stomach. Gastralgia from nervous depression. (Give five drops of 1x of Oil). Potency:- Tincture and lower potencies.

IGNATIA:- Gastric affections of cigarmakers. Potency:- Tincture, to thirtieth attenuation; first to third most often used.

PANACEA ARVENSIS:- Poor man's Mercury – (Sensitiveness over gastric region with hunger but an aversion to food. Potency:- Sixth, to 200th potency.

24) **GUMS**:

STAPHYSAGRIA:- Salivation, spongy gums, bleed easily. [Merc.; Kreos]. Potency:- Third to thirtieth potency.

25) <u>HAEMORRHAGE</u>:

CASCARA SAGRADA:- Haemorrhoids and constipation. Potency:- Tincture to sixth potency.

FICUS VENOSA (PAKUR):- Haemorrhage from bowels and lungs. Potency:- Tincture, to third potency.

SANGUISUGA:- The leech – Haemorrhages, especially bleeding from anus. Use 6x. Potency:- Internally, third to thirtieth potency.

26) HAEMORRHOIDS:

AESCULUS GLABRA: Proctitis very painful, dark purple external haemorrhoids with constipation and vertigo and portal congestion. Q.

AMBRA GRISIA: Haemorrhoidal excrescences. Itching and tingling. Cannot tolerate others presence during defecation. (30C)

ARSENICUM ALBUM: Haemorrhoids burn like fire, burning > by heat. (30C)

DOLICHOS PRURIENS: Haemorrhoids with a burning sensation. (Q)

FICUS RELIGIOSA: Bleeding piles. A good medicine for haemorrhage from anywhere. Q, 6C.

GERANUM MACULATUM: Any types of haemorrhage. Q)

HAMAMELIS VIRGINICA: Haemorrhoids, bleeding profusely, with soreness. Potency: Tincture, to sixth attenuation. Distilled extract locally.

HYPERICUM PERFORATUM: Is the greatest of all pile's medicines. No matter what the disease, so long as piles are present give Hypericum. Haemorrhoids externally and internally with pain, bleeding and tenderness. < touch. (Q)

JUNCUS EFFUSUS: Asthmatic symptoms in haemorrhoidal subjects. (Q)

KALI-CARBONICUM: Though chilly, the burning haemorrhoids are better by sitting in cold water.

(Aloes: > by cold application.) (30C)

LYCOPUS VIRGINICUS: 1x has the peculiar power to bring back the haemorrhoidal fluxes that have been suppressed. (30C)

MULLEIN OIL: For itching piles, an ointment made of Mullein oil (Q) and applied at bedtime relieves itching(Dr. Gerade).

MURIATICUM ACIDUM:- Haemorrhoids during pregnancy; bluish, hot, with violent stitches. Potency:- First to third potency.

MURIATICUM ACIDUM: Swollen and blue and so sensitive to touch that they cannot bear the contact of sheet. Haemorrhoids during pregnancy, bluish, hot, with violent stitches. Appear suddenly in children. < least touch.30C.

NEGUNDIUM AMERICANUM: Engorgements of rectum and piles with severe pain. (Q)

NUX VOM & SULPHUR PALLIATES: Haemorrhoids: Aesculus cures when Nux Vom., Sulph and Collinsonia palliates in haemorrhoids.

PLANTAGO: In case of piles so bad that the patient can hardly stand, is one of the most useful and local remedies in homoeopathy, it's local use as an application to inflamed piles give untold relief says Dr. F. LANG. (Q)

RATANHIA PERUVIANA: Haemorrhoids with burning pain in anus. Burning like fire. Temporarily > by cold water. 30C.

SANGUISUGA OFFICINALIS: Persistent bleeding from the rectum, the blood being watery. (6x) Q

27) HICCOUGH:

EUPATORIUM PERFOLIATUM:- Hiccough. [Sulph ac.; Hydrocy. Ac]. Potency:- Tincture, to third attenuation.

FILIX MAS:- Painless hiccough. Potency:- First to third potency. For the expulsion of tape-worm, a full dose of ½ to 1 dram of the Oleoresin, fasting.

RATANHIA:- Violent hiccough. Potency:- Third to sixth potency. Locally, the Cerate has proved invualble in many rectal complaints.

28) HOOK-WORM:

THYMOL:- Specific for hook-worm disease. [Chenopodium].

29) INDIGESTION:

ABIES NIGRA: Dyspepsia originates from excessive intake of tea and tobacco. In dyspeptic problems of the aged. Sensation of something sticking in the oesophagus.

Distressing sensation about stomach, as if everything was knotted up. < after eating. (30C)

ALFALFA: Distension and rumbling sound in abdomen; Floating tendency worse after eating. Frequent passing of watery stool. (Q)

ALNUS RUBRA: Indigestion occurs from intake of protein food such as fish, meat, lentils etc. (Q)

ARUNDO MAURITANICA: Coldness in stomach, longing for acids; movement as from something alive in abdomen. Flatulence pain at pubic region greenish stool; diarrhoea of nursing children. (6C, 30C)

ASCLEPIAS TUBEROSA: Fullness of stomach; Flatulence after meals. Stool smell like rotten eggs. catarrhal dysentery, with rheumatic pains all over. (Q)

BUTYRIC ACID: Poor appetite. Much gas in stomach cramps below the navel region, < at night. Bowels irregular. Stool accompanied by pain and straining.30C

CHINA: Slow digestion. Ill effects of tea, milk and fruits disagree; flatulence, belching of bitter fluid, gives no relief. < after eating > bending double. Pain in chest after eating; lump like feelings in chest which are upwards. (30C)

CONDURANGO: Indigestion from imperfect secretion of gastric juice.(Q, 30C)

CYCLAMEN: Anorexia, distension of abdomen after eating; Nausea when seeing food; ghee and bread are disagreable; disturbed digestion and all things taste salty. < after fatty food. Desire for lemonade. (30c)

ELAPS: Fruits and cold things are disagree; catches cold easily.

EUONYMUS ATROPURPUREA: Passive congestion and torpor of the liver, biliousness and constipation. Dry mouth, thirsty.(Q-10 drops)

FEL TAURI: Disordered digestion, diarrhoea, eructations, gurgling in stomach, tendency to sleep after eating. 3x trit.

FERRUM CYANATUM: Pain in stomach with burning and nausea; distension of abdomen; diarrhoea alternating with constipation. 6x Trit., 30C.

FERRUM IODATUM: Distension after eating; food seems to push up into throat. Stuffed feeling, as if she could not lean forward. (6x Trit)

LIMULUS CYCLOPS: Colic with heat, cramp like pain with watery stools. Abdomen hot and constricted, piles, constriction of anus. (6C,30C)

NICCOLUM METALLICUM: Gone, empty feeling in epigastrium, without desire for food. Acute gastralgia with pains extending to shoulder. Thirst and intense hiccough. Fetid secretions are from molar teeth. Diarrhoea after taking milk. (6x Trit)

ONISCUS ASELLUS: Persistent pressure in cardiac orifice, vomiting distended and very severe colic in abdomen. (6C, 30C)

OREODAPHNE CALIFORNICA: Eructations with nausea and shuddering. (30C)

PANCREATINUM:- Pancreatinum – a combination of several enzymes – (Indicated in intestinal indigestion; pain an hour or more after eating. Lienteric diarrhea. Potency:- Tincture to thirtieth potency. Favourable reports from the very highest potencies.

PEPSINUM:- Imperfect digestion with pain in gastric region. Marasmus hildren who are fed on artificial foods. Diarrhoea due to indigestion. Potency:- Tincture to thirtieth potency. Favourable reports from the very highest potencies.

POPULOUS TREMULOIDES: Indigestion with flatulence and acidity. Fierce burning sensation in stomach. Nausea and vomiting. (Q)

SINAPIS NIGRA: Offensive breath, smelling like onions. Burnings in stomach, extending up oesophagus, throat and mouth, which is full of canker sores. Hot sour eructations colic, pains came on while bent forward; better sitting up straight. Sweat better when nausea comes on. (30c)

SKATOLUM: Tongue coated with foul taste. Salty taste to all cereal. Belching. Appetite increased. Light yellow narrow very offensive stool. Intestinal dyspepsia. (6C, 30C)

STAPHYSAGRIA: Peptic ulcer – "Usual symptoms in a case, with irritability, anger, sensitiveness etc. Staph 200c 1dose was given at night. Immediate action with good sleep. Repeated a few more doses till all symptoms were gone".

TARAXACUM OFFICINALE: Flatulence. Hysterical tympanites. Tobacco smoke is disagreeable, causes pyrosis. Great chilliness after drinking or eating. < fat food.(Q-10 drops)

TARTARICUM ACIDUM: Excessive thirst, continued vomiting burning in throat and stomach, dyspepsia with copious secretions of mucus. Pasty taste > after eating. 6x Trit, 30C

TAXUS BACCATA: Saliva hot and acrid, Nausea pain in pit of stomach and navel region. After eating cough feelings of pins and needles at pit of stomach; emptiness must eat frequently. Pain increase without eating. (Q)

URANTUM NITRICUM: Nausea, vomiting, gastric and duodenal ulcers. Burning pain. Abdomen bloated. Boring pain in pyloric region. Excessive thirst.6x Trit., 30C

XANTHOXYLUM:-Indigestion from over-eating or from too much fluid. Potency:- First to sixth potency.

XANTHOXYLUM FRAXINEUM: Indigestion from overeating or from too much fluid. (30C)

30) <u>INTESTINAL PARALYSIS</u>:

ESERIN SALICYLATE:- Post-operative intestinal paralysis; meteorism. Potency:- Third potency. The neutral sulphate of Eserine is instilled into the eye, from one-half to four grains to once ounce distilled water, to induce contraction of pupil, in mydriasis, injuries to the eye, iritis, corneal ulcers, etc.

31) JAUNDICE:

CHIONANTHUS:- Jaundice, with arrest of menses. Potency:- Tincture and first attenuation.

KALI PICRICUM: Jaundice, violent eructations. Potency:- Thirtieth and higher. Sixth trit. Do not repeat too often. Use cautioiusly in old gouty cases, advanced Bright's and tuberculosis.

RUMEX CRISPUS:- Jaundice after excessive use of alcoholics. Potency:- Third to sixth potency.

32) <u>LIVER</u>:

MERCURIUS DULCIS:- Cirrhosis of the liver, especially in the hypertrophic form. Use 1x (Jousset). Potency:- Third to sixth trituration. For palliative (non homoeopathic) purposes, to secure evacuation of bowels, two or three-grain doses of first decimal trituration, repeated several times every hour.

33) LIVER AFFECTIONS:

CARBONEUM SULPH: Pain with wondering swelling as from flatus. Distension, with soreness and rumbling. Liver complaint with dropsy. 6C.

DIOSMA LINCARIS: In hepatitis (Cirrhosis or atrophy). Gastralgia. Gastroenteritis. Q.

FEL TAURI: Liquifies bile and acts as purgatives and cholegogue. Tendency to sleep after eating. 6x Trit.

FERRUM ARS: Enlarged liver and spleen with fever. (6x trit)

FERRUM IODATUM: Enlarged liver and spleen without fever. (6x Trit)

INSULINUM: Restores the lost ability to oxidize carbohydrate and storing glycogen in the liver. Septic conditions or boils with enlarged liver. (3x, 30C)

MERC DUL: Cirrhoris of liver, esp. in the hypertrophic form. Use 1x (Jousset).(6x Trit).

NATRUM SALICYLICUM: Has an extensive range of action, liver and on metabolism Increases the quantity of bile. (30C)

NATRUM CHOLEINICUM: Cirrhosis of the liver.6x Trit.

NATRUM HYPOSULPH: Liver spots locally and internally.6x Trit.

NATRUM SULPHURICUM: Functional hepatic diseases where complaints are as such due to living in damp houses etc. Liver sore to touch, sharp stitching pains, < lying left side. (6C, 30C)

STELLARIA MEDIA: Liver engorged, swollen, with stitching pain and sensitive to pressure. Clay coloured stools (jaundice). Burning pains. Hepatic torpor. (Q)

34) LOSS OF APPETITE - ANOREXIA:

ASARUM EUROPUM:- Loss of appetite, flatulence, eructation, and vomiting. Desire for alcoholic drinks. Nausea; worse after eating. Great faintness. Potency:- Third to sixth potency.

35) **NAUSEA**:

BERBERIS VULGARIS:- Nausea before breakfast. Potency:- Tincture, to sixth potency.

DIGITOXINUM:- Digitalis dissolved in Chloroform; which has yellow vision very marked, and distressing nausea, aggravated by champagne and aerated waters. Potency:- The third to thirtieth attenuation will bring about reaction when the drug is homoeopathically indicated; but for palliative purposes the physiological dosage is required. For this purpose, the tincture made from the fresh plant, in doses of five to twenty drops, when the cardiac stimulation is desired, or the infusion of 1½ per cent. Dose, one-half to one ounce if the diuretic action is wanted. The tincture may be given on sugar or bread, and nothing liquid be taken for twenty minutes before or after its administration. Of the powdered leaves, ½ to 2 grains in capsules. Digitoxin 1-250 grain. No matter what form of digitalis is given the dose should be reduced as soon as the pulse rate has been lowered to 80 beats a minute and the normal rhythm has been partially or completely restored. Under such conditions a good rule is to cut the dose in half and still more if there be a sudden falling off of the urinary output.

EUGENIA JAMBOS:- Nausea better smoking.

EUPHORBIA COROLLATA:- Large Flowering Spurge – a diaphoretic expectorant and cathartic of the old school in gastro-enteric disturbance, with deathly nausea. Potency: Third to sixth potency.

RHODIUM:- Lips dry. Nausea especially from sweets.

36) NAUSEA OF PREGNANCY:

Generally in nausea of pregnant women cannot bear even the smell of any kind of food or beverages let alone partaking of it but in "LAC VAC COAGULATUM" with this

nausea, the patient desires food; and the complaint is much relieved by drinking milk. 6th and 30th potency.

37) OESOPHAGUS:

AGFROSTEMA GITHAGO:- Corn – cockle – Burning sensation, in stromach, through oesophagus into throat, in lower abdomen and anus; nausea, bitter vomiting, impaired locomotion; difficulty in remaining effect; vertigo and headache, burning from lower jaw to vertex. Potency:- Third potency.

38) <u>PAIN</u>:

NARCISSUS POETICUS:- Gastro-enteritis with much griping and cutting pain in bowels. Fainting, trembling, cold limbjs, smalland irregular pulse. Potency:- First to thirtieth potency. Indiarrheoa, not below the sixth.

39) PILES:

FICUS:- Haemorrhage; menorrhagia, haematuria, epistaxis, haematemesis, bleeding piles. Potency:- Tincture and lower potencies.

MACUNA PRURENS:- Dolichos – Piles with burning; haemorrhoidal diathesis. Potency:- Third to sixth potency. Locally, the Cerate has proved invualble in many rectal complaints.

NEGUNDIUM AMERICANUM:- Box-elder – (Engorgements of rectum and piles with great pain, ten drop doses of tincture every two hours). Potency:- Tincture, to third potency.

PETROSELINUM: Piles with much itching. Potency: First to third potency.

PLANTAGO MAJOR: Piles so bad, can hardly stand. Potency:- Tincture, and lower potencies. Local use in toothache in hollow teeth, otorrhoea, pruritus, and Poison-oak. Incised wounds.

ZINGIBER:- Haemorrhoids hot, painful, sore. [Aloe]. Potency:- First to sixth potency.

40) **RECTUM**:

SOLAN TUBEROS. AEGROTANS:- Diseased potato – Prolapse of the rectum, patulous anus; offensive breath and odor of body; tumors of rectum look like decayed potato; dreams of pools of blood. Potency:- Second to thirtieth potency.

41) <u>SALIVA</u>:

EUPHORBIUM:- Sialorrhoea (profuse salty saliva). Potency:- Third to sixth potency.

IRIS VERSICOLOR: Profuse flow of saliva. [Merc; Ipec; Kali iod.]. Potency: Tincture to thirtieth potency. Favourable reports from the very highest potencies.

SYPHILINUM:- Excessive flow of saliva; it runs out of mouth when sleeping. Potency:- The highest potencies only, and in infrequent doses.

42) SEASICKNESS:

COCCULUS:- Seasickness. [Resorcin. 1x]. Potency:- Third to thirtieth potency.

SANICULA:- Seasickness. Potency:- Thirtieth potency.

43) **SPLEEN**:

RUBIA TINCTORUM:- Madder – A remedy for the spleen. [Ceanothus] Chlorosis and amenorrhoea; tuberculosis. Anaemia; undernourished conditions; splenic anaemia. Dose, 10 drops of tincture. Potency:- Tincture, in twenty-drop doses, in a little water. The effects manifest themselves quickly two hours after taking a dose, and they persist for from two to six days.

44) STOMACH:

ABIES NIGRA:- Pain in stomach always comes on after eating. As if a hard-boiled egg had lodged in the cardiac end of stomach. Potency:- First to thirtieth.

ANGUSTURA VERA: Accustomed to drink enormous amounts of coffee, but sincerely wish to break from this viscious habit, but failed in their attempt. Addicted to coffee. (30C)

ATROPINUM: Acute pain in the epigastrium or hypogastrium due to pancreatitis or pancreatic stone. (6x Trit)

CHINA: Removing craving for alcohol in drunkards who genuinely wish to reform and get out of that pernicious habit. Q.

GERANIUM MACULATUM: Ulceration of stomach. Atonic and foul ulcers. Summer complaint. Potency:- Tincture, half-dram doses in gastric ulcer. Tincture, to third attenuation, as a general rule. Locally, in ulcers it will destroy the pyogenic membrane.

LEPTANDRA VIRGINICA: Chronic duodenal ulcer, hunger pain, malaena, acidity. (6C)

STERCULIA ACUMINATA: For controlling the drinking habit, while lessening the craving for liquor.(Q)

45) STOMATITIS (APHTHA):

ACETICUM ACIDUM: Violent burning pain in stomach and chest followed by coldness of skin and cold sweat on forehead. (30C)

ICHTHYOLUM: Bad effects of Alcoholism when nothing will stay in the stomach. Early morning diarrhea. Nausea. (30C)

PANACEA ARVENSIS: Poor mans mercury - sensitiveness over gastric region with hunger but an aversion to food. (6C-200C)

RHUS GLABRA: Aphthous stomatitis. Spongy gums. (Q)

SULPHUROSUM ACIDUM:- Tonsillitis (as a spray), acne rosacea, ulcerative stamatitis, pityriasis versicolor.

SULPHUROSUM ACIDUM: Ulcerative stomatitis. 200C

46) <u>TASTE</u>:

ARS-ALB: Water tastes bitter.

IODUM: Plums taste bitter.

MAG-MUR: Perverted. (P.211, Hahnemann Gleanings, May 1972)

NAT-MUR, MAG-MUR: Loss of taste

PULSATILLA: Bread tastes bitter.

SABINA: Milk tastes bitter.

SANGIUNARIA: Sugar tastes bitter.

47) TONGUE:

RANUNCULUS SCELERATUS:- Tongue mapped. Denuded patches. Mouth sore and raw. Burning and rawness of tongue. Potency:- First to third potency.

48) <u>TONIC</u>:

QUASSIA:- Acts on gastric organs as tonic. [Gentian; Hydr.]. Dyspepsia after infectious diseases; especially grip, dysentery. Potency:- First to third potency, or spoonful doses of Aqua Quassiae.

VANADIUM:- Acts as a tonic to digestive function and in early tuberculosis. Potency:- 6-12 potency. The best form is Vanadiate of Soda, 2 mg, daily, by mouth.

GI – Vomit:- Cascarilla:- Inclination to vomit very marked. Potency:- First to third potency.

49) **VOMITING**:

ELATERIUM – **ECBALIUM**:- This is an invaluable remedy in violent vomiting and purging, especially if the evacuations are copious and watery. Potency:- Third to thirtieth potency. As a hydragogue cathartic to produce free discharge in dropsies, Elaterin 1-20 of a grain. Palliative only.

GERANIUM MACULATUM:- Lessens the vomiting in gastric ulcer. Potency:- Tincture, half-dram doses in gastric ulcer. Tincture, to third attenuation, as a general rule. Locally, in ulcers it will destroy the pyogenic membrane.

RESORCIN:- Summer complaint with vomiting; destroys organic germs of putrifaction; Cholos terrapina (cramps of muscles). Potency:- Third potency. Five drops every four hours for increasing flow of milk; also locally a poultice of the leaves.

50) **VOMITING AND NAUSEA**:

ALETRIS FARINOSA: Obstinate, vomiting during pregnancy. Disgust for food, nausea. Nausea is > by coffee, > by dinner, but returns with gagging at thought, sight food. (Q)

AMYGDALUS PERSICA: Morning sickness. Vomiting, no form of food is tolerated. Constant nausea, vomiting. (Q-5-10 drops)

ATISTA INDICA: Sour vomiting and eructations immediately after eating. Nausea and pain in abdomen after travelling in bus or train.(Q)

IRIS VERSICOLOR: : In cases of vomiting of all kinds Dr. Kitchler recommends Iris Ver. Burning of whole alimentary tract - Vomiting of green bile.(Q- 30C)

KALI SALICYLICUM: Vomiting, esp. in pregnancy.

RESORCIN: Summer complaint with vomiting.(6C)

Nausea in regards to places where it is felt:

Cocculus Indica – nausea felt in head and mouth. Ruta G – nausea felt in the rectum. Dioscorea V – nausea felt in ears.

51) CLINICAL TIPS:

ARS. ALB: In typhoid does irrepearable damage, if not indicated fully.

ARSENICUM & CARB ACID FAILS: Tongue nodule : Semp Tect cures when Aur, Ars alb., and Carb acid fails in painful nodular swelling of tongue.

BRYONIA: Acts well in Jaundice if the case is spoiled.

NUX VOMICA FAILS: Biliousness : Nux Vomica and Dioscoria fails but Homarus cures in bilious spells.